Miss Kendra Programs Expand Nationally Providing Trauma Support to Thousands of Students and Teachers

NEW HAVEN, Conn., (August 2, 2020)— Miss Kendra Programs are being introduced into 18 new school districts for this coming school year, as teachers, school leaders and community-based organizations seek to help students address the trauma in their lives, regardless of the classroom setting. Schools in Florida, Minnesota, South Carolina, Indiana, Kentucky, Michigan, Washington, North Carolina and Connecticut join dozens of returning districts across the country to become “Miss Kendra Schools.”

Miss Kendra Programs work with teachers and school leaders to develop classroom-wide and whole-school environments that welcome open conversation about the students’ stressful experiences. This public health approach transforms classrooms and schools to create a more highly effective learning environment while supporting every child and helping teachers to actively identify stressed students before they develop disciplinary or symptomatic problems. Because of its public health approach, Miss Kendra Programs are also financially sustainable for most districts.

“Now it is more important than ever to be expanding our program to support thousands of students and teachers,” said David Read Johnson, PhD, CEO of Miss Kendra Programs. “Miss Kendra Programs help students give voice to their fears and traumas and this can lead to calmer classrooms and more productive learning time. There has never been a time when children of all ages and in all areas of the country have been similarly affected by something as universal as the pandemic while still dealing with their own worries and concerns.”

Miss Kendra Programs equip teachers and school staff with training and grade-level curriculum that combine imagination, theater games, and moderated discussions to foster open conversation and create an environment of safety and support. With K-12 lesson plans developed for a wide variety of topics, Miss Kendra teachers and school staff are ready to help their students address trauma and overcome their fears throughout the school year.

With programs in schools from coast to coast, Miss Kendra Programs are part of a national movement for bringing trauma-informed strategies to every student and every classroom. Miss Kendra Programs was featured in the national documentary, Resilience: The Biology of & The Science of Hope. For more information on the Programs, visit misskendraprograms.org

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