

Miss Kendra Program at Sallie B. Howard

PROJECT IMPACT REPORT



Background Context

Miss Kendra is an evidence-based trauma-informed letter writing pilot program that gives students a safe and structured space to build social-emotional learning skills while building positive coping behaviors around processing big and hard feelings stemming from stress and trauma. Students write letters monthly to Miss Kendra about the hard things they are facing in their lives. Teachers lead regular Miss Kendra instructional time where students build social emotional learning skills and positive coping behaviors.

What is Miss Kendra

Time to take your school from trauma-informed to actively addressing the impact of trauma and toxic stress on student engagement. Miss Kendra Programs are trauma-informed social emotional learning (SEL) programs with year-long curriculums for children in kindergarten through high school. Miss Kendra Programs help schools create an environment that supports open conversations about stress and transforms the relationship between teachers and students, which is needed now more than ever. Join us on a journey to become a Miss Kendra school!

About Miss Kendra

Miss Kendra schools have fewer classroom disruptions, more time dedicated to learning, and improved school climate. Teachers and SEL leaders create safe spaces for students to explore their worries and traumas that interfere with their ability to learn and focus on their schoolwork.



94%
of students

able to get back to their work immediately or within a few minutes of participating in the Miss Kendra Trauma-Informed letter writing intervention

100%
of teachers

say that the Miss Kendra program has helped them create a more trauma-informed classroom

100%
of students

wrote letters to Miss Kendra and 94% of students received a response back from the teacher

94%
of teachers

would recommend the Miss Kendra program to other teachers

Support Provided By:



Marketing Support Provided By:



ruralopportunity.org

What They're Saying



VIDEO TESTIMONIAL

To view the video, click on the image to the right.

To view a longer, in-depth testimonial, click on the image below.



The program has allowed me to know my students at a deeper level and offers an outlet for students to express themselves. Miss Kendra has helped in helping students share what they are feeling and get some reassurance that someone is looking out for them.

- Elementary School Teacher

Through Miss Kendra children in my classroom have come to share more openly about uneasy situations such as death of a loved one, or worries about parents getting sick and being at home. Using the Miss Kendra techniques helps the children better manage stress and build resilience.

- Elementary School Teacher

The program provides a very positive affirmation through creating an outlet to talk about hard and traumatic things, and it helps teachers and students to cope with the challenges students are facing outside of school.

- Elementary School Support Staff



Demographics

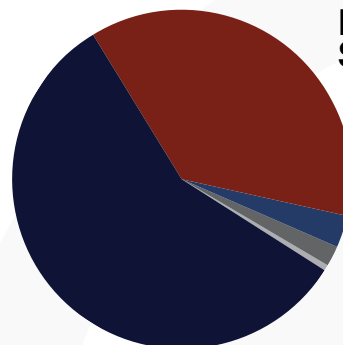
628 students

100% Free/discounted lunch recipients



90-95% participate in the Miss Kendra program

Racial Makeup of Student Body



57% African American
37% Hispanic
3% Two or more races
2% White
0.4% Asian