



Miss Kendra's List  
**NO CHILD SHOULD BE TOUCHED IN THEIR PRIVATE PARTS**  
Week 1: Topic Introduction

**SEL Competencies:** Self Awareness (Self Efficacy)  
Social Awareness (Respect for Others)

**Preparation:**

- Need letter writing supplies (mailbox, stationery, envelopes, stamps, stickers)
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**Opening Ritual:**

- "Who knows what time it is?" "Miss Kendra Time!"
- Go through Miss Kendra's list

**Introduction:** *"Today we are beginning our unit on 'No child should be touched in their private parts' (pause for groans and other visceral reactions from the students). I know, I know, it's a hard topic to talk about, and even to think about, but that's exactly why we need to practice talking about it. Because these things sometimes happen to children. And children should feel comfortable to talk to a trusted adult if something like this is happening to them. So, we are going to play a game to help us have words for these ideas."*

**Yes / No - Game**

**Instructions:**

1. Have all students seated at their desks.
2. **Round 1:** There should be one student standing without a seat. This person is 'it' and must go around the room to ask someone for their seat. In this round, the person asked must say "yes", offer up their seat, and then they are "it". Have about half of the class do this round.
3. **Round 2:** Add the element of students being able to say "no" when asked for their seat. The person who is "it" must offer good ideas why the student should give up their seat (compliment them; do something for them later; say it's more fun to be standing up) or go around until they find someone who will offer their seat. Play for as long as there is energy among the students.

**Discussion Questions:**

- What did it feel like to have to say "yes" to someone?
- What did it feel like when you were given the choice to either say yes or no?

- How do you think this connects to “No child should be touched in their private parts?”
- What does consent mean?
- Are there times when touch is harmful to someone?



**NOTE:** If someone brings up a personal instance of sexual abuse, thank them and let them know you’ll follow up with them later. Sexual abuse testimonies are saved for more private ways of sharing—one on one with an adult or in a letter. Current sexual abuse and physical abuse scenarios are reportable, and you will have to adhere to the school and state policies on mandatory reporting.

### **Letter Writing Prompts:**

1. Write about a time when you felt you were forced to say something that you did not want to do.
2. Write about your thoughts on Miss Kendra’s Rule: “No child should be touched in their private parts.”

### **Closing - I See You, I Respect You**

*“Great job today, class. I know that starting this topic can bring up a lot of feelings and you did a great job. I’d like everyone to stand in a circle. Take a moment to look around and make eye contact with one another. Notice who is in the room with you. Each one of you deserves to be seen, understood, and respected when you make choices about what is okay or not okay for you and your body.*

*So, take a minute to see each other. Now repeat after me, I see you, I respect you. I see you, I respect you. This is a commitment we are making to one another to be respectful of one another bodies in this class. Great job! Take a minute or two to take a breath, get a drink of water, shake it out, and get ready to transition to [next subject].”*